

ETIQUETTE & MORE



RUNNING LATE?

If you're late, stand ready at the edge of the mat. When the instructor acknowledges you, ask if and what training can be done during the remainder of the class and then bow in.



MISSING CLASS

We don't do makeup classes. If your student is going to miss 2+ weeks, please [email us](#).



LOST AND FOUND

Put lost items in the bin in the back room.



SIBLINGS & GUESTS

Guests and siblings are welcome to observe class. Be mindful of distractions during class. Electronics should be in silent mode.



FIRST AID KIT

Mounted to the wall next to the dressing room.



GRIEVANCE FORM

If you have a grievance or feel that a school policy has been violated, contact an instructor immediately and complete our [Student Grievance form](#).

READ OUR [STUDENT GUIDELINES](#)



OUR MISSION

"Our role as a martial arts school is to have a positive influence on our community. To be peaceful and humble students of the martial arts and of life. To have fun and work hard. To take care of our fellow students and our neighbors. To be open-minded to other styles, systems, cultures, and methods. To pursue self-mastery and above all, humility."

Quro Bob

YOUTH STUDENT ORIENTATION

SIMA is an Inosanto JKD mixed martial arts school. Youth students are taught to embody our school mission and our JKD philosophy while having fun and learning important values such as self-discipline, courtesy and building self-confidence. Being respectful of fellow students, instructors and dojo staff is expected along with a positive attitude and being a good student!



ADDRESSING THE INSTRUCTOR

The Head Instructor should be called "Sifu Bob" and the assistant instructors are addressed as "Si Hing" (male) or "Si Jay" (female) _____.



UNIFORM & EQUIPMENT

Students must wear their full uniform/belt to each class and/or bring their equipment. **No jewelry, hats or accessories!** Students should write their name on their equipment.



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MEMBERSHIP



CHAT WITH US

Email is the best way to reach us. Send us a message through the [website](#) or at classes@simamartialarts.com.



CANCEL YOUR MEMBERSHIP

Cancellations **must** be done online. Visit [My Membership](#) on our website to submit your cancellation.



UPDATE YOUR BILLING INFO

Visit [My Membership](#) on our website to update your credit card, address, email and more.



STAY IN THE KNOW

Check your emails, the school bulletin board and our [website](#) for the latest announcements. Not getting emails? Check your spam box!

BELTS, STRIPES & STARS



EARNING RANK

Students earn stripes and stars for completing homework and attending class. Belts are earned by showing good technique + the attributes of a good student. Learn more on our [website](#).

SIMAMARTIALARTS.COM

