

Here are the current Youth Seniors requirements for each belt level.

As you read through the curriculum, keep in mind that there are other factors in deciding whether a student will progress to the next belt level.

Ranking in Martial Arts is often misunderstood. People tend to think that because someone has a Black Belt or is higher ranked than another student, then they should automatically be superior in fighting skills or they are always going to be the best in class as certain areas.

While we definitely want our students to evolve physically, gain real confidence, and be able to defend themselves in a real confrontation, there are other traits to be considered when ranking martial arts students.

Dedication, effort, hard work, humility, decorum, teamwork, compassion, to name a few, are qualities that we look to improve in each student and consider these when issuing higher ranks

The system that youth students are ranked in focuses on four main areas from our mixed curriculum, **JunFan Kickboxing**, **JanFan Trapping**, **Kali Weaponry**, **Brazilian Jiu-jitsu**, and **Basic Self-Defense**.

Although we train other areas such as **Muay Thai** and **Kali Empty Hand** (Panantukan), the basis for the SIMA Youth curriculum offers a very well rounded education in multiple layers of skills and adequately prepares them for evolving into advanced and adult class training.

Also to keep in mind when looking over this curriculum, the levels are somewhat cumulative. Students will be responsible for previous levels of information as well as their current level.

If you notice, there's no curriculum for the final belt, **Brown/Black Belt**. This will be something that I decide away from testing. At that point, a student should be able to transition from each range, training, method, and techniques, as well as acquire and understand new material with more and more ease.

Students should be reminded to focus on form over power and speed when internalizing and demonstrating these skills and techniques.

Thank you,

Sifu/Guro/Kru Bob